

# Spring in 2 Fitness 2018

March 21<sup>st</sup> thru June 1<sup>st</sup>



## Join Spring in 2 Fitness Phoenix's Premier Wellness Event

Spring in 2 Fitness is a fun, self-directed, 10-week event that guides you to be as fit as you can be in all aspects of your life. It blends team building, personal engagements, and technology into a cost effective, and comprehensive wellness experience that engages, educates, and rewards.



- Phoenix centric event utilizing local parks, trails, sponsors, merchants, and services
- Award winning health content and programming
- Grand prizes and weekly raffles
- Team building
- Group and “Buddy” Activities
- Track your progress and get live feedback from coaches around the country



Earn wellness points for reporting daily activity. Manage your physical, mental, spiritual, and financial well-being by engaging in online educational modules, joining group events, and maintaining healthy biometrics.

**Registration is Easy and Convenient—Get Started Today!**

**Learn more by calling 1-877-WRTABLE**